

# Semaglutide Informed Consent



## Town Madison / Huntsville

2309 Wall Triana Hwy SW Suite 6  
Huntsville, AL 35824  
Phone- (256) 542- 3352  
approxieurgentcare.com

TODAYS DATE: \_\_\_\_\_|\_\_\_\_\_|\_\_\_\_\_

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_|\_\_\_\_\_|\_\_\_\_\_

Semaglutide is a human-based glucagon-like peptide-1 receptor agonist prescribed as an adjunct to a reduced calorie diet and increased physical activity for chronic weight management in adults with an initial body mass index (BMI) that is considered outside a healthy range. While using Semaglutide, it is highly recommended that you:

- Eat a fibrous diet. Focus on fruits and vegetables that are high in fiber
- Eat small high protein meals as digestion is slowed down while on this medication.
- Avoid foods high in fat as they take longer to digest.
- Limit alcohol intake.
- Drink at least 64 oz of water a day to avoid constipation.

### Do not take this medication if:

- You have a personal or family history of medullary thyroid carcinoma (Thyroid Cancer).
- Multiple Endocrine Neoplasia syndrome type 2.
- You are pregnant or plan to become pregnant while taking this medicine.
- You are diabetic and/or taking any medications related to lowering your blood sugar levels without speaking with your doctor.
- Specifically, if you are prescribed Insulin because the combination may increase your risk of hypoglycemia (low blood sugar) and dosage adjustments by your provider may be necessary.
- You have a history of Pancreatitis
- You are allergic to Semaglutide or any other GLP-1 agonist such as: Adlyxin®, Byetta®, Bydureon®, Ozempic®, Rybelsus®, Trulicity®, Victoza®, or Wegovy®

### Possible Drug Interactions:

- Anti-diabetic agents, specifically: Insulin and Sulfonylureas (e.g., glyburide, glipizide, glimepiride, tolbutamide) due to the increased risk of hypoglycemia (low blood sugar).
- Do not take with other GLP-1 agonist medicines such as: Adlyxin®, Byetta®, Bydureon®, Ozempic®, Rybelsus®, Trulicity®, Victoza®, Wegovy® (THIS IS NOT AN ALL-INCLUSIVE LIST).

### Possible side effects:

- Including but not limited to: nausea, diarrhea, vomiting, constipation, abdominal pain, headache, fatigue, dyspepsia, dizziness, abdominal distension, belching, hypoglycemia, flatulence, gastroenteritis, and gastroesophageal reflux disease.
- Subcutaneous Injections: common injection site reactions characterized by itching, burning at site of administration with or without thickening of the skin (welling). If you notice other side effects not listed above, contact your doctor or pharmacist.

A very serious allergic reaction to this drug is rare. However, get medical help right away if you notice any symptoms of a serious allergic reaction, including rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing. Report adverse side effects to your doctor or pharmacist. In the event of any emergency, call 911 immediately.

**IF YOU HAVE ANY QUESTIONS AS TO THE RISKS OR HAZARDS OF THIS TREATMENT, OR ANY QUESTIONS WHATSOEVER CONCERNING THIS PROPOSED TREATMENT OR OTHER POSSIBLE TREATMENTS, ASK THE STAFF NOW BEFORE SIGNING THIS CONSENT FORM.**

By signing, I certify that I have read and understand the contents of this form. I am aware of the possible side effects and drug interactions and give my consent for treatment. I have informed the medical staff of any known allergies to drugs or other substances, and any past adverse reactions I've experienced. I have informed the medical staff of all medications and supplements I'm currently taking. I understand there are other ways and programs that can assist me in my desire to decrease my body weight and acknowledge that no guarantees have been made to me concerning my results. There is no guarantee of weight loss and results can vary from person to person. I certify that I have read the foregoing Informed Consent, discussed the issues noted above, had opportunities to ask questions, and agreed and accepted all of the terms above.

The semaglutide being provided is a compound medication with the same active ingredient as Ozempic, Wegovy and Rybelsus. It is not, however, manufactured by the same pharmaceutical company as the others. Accordingly, semaglutide injections are only available when they are allowed by the FDA and the active ingredient is available for compounding. I understand that should the manufacturing no longer be allowed or the active ingredient not available, then injections will no longer be available. This can occur with or without prior notice. Should this occur, it is safe to stop suddenly and no taper off the medication is needed.

**A physician or advanced practice provider associated with Urgent Care by Approxie has explained this Informed Consent and answered all questions and informed me of the availability alternatives and of the potential risks.**

**INDEMNIFICATION CLAUSE:** I agree to indemnify, defend, protect and hold harmless Urgent Care by Approxie and any physician and/or advanced practice provider associated with Urgent Care by Approxie; and their respective officers, directors, employees, stockholders, assigns, successors, and affiliates (Indemnified Parties) from, against and in respect of all liabilities, losses, claims, damages, judgments, settlement payments, deficiencies, penalties, fines, interest and costs, expenses suffered, sustained, incurred or paid by the Indemnified parties, in connection with, resulting from or arising out of, directly or indirectly, Urgent Care by Approxie and any physician and/or advanced practice provider associated with Urgent Care by Approxie; rendering medical care, services, advice, and/or treatment, my failure to disclose all relevant information regarding my medical and physical condition, acts or omissions, to Urgent Care by Approxie and any physician and/or advanced practice provider associated with Urgent Care by Approxie; harm or injury resulting from medical care or pharmaceuticals provided directly or indirectly by any physician or advanced practice provider associate with Urgent Care by Approxie. I am aware of the potential side effects associated with the above described treatment, accept all the risks involved in taking the medication and will not seek indemnification or damages from the Indemnified parties. This agreement contains the entire understanding of the parties and supersedes and merges all prior and contemporaneous agreements and discussion between the parties. Any and all representations and agreements by any agent or representative of either party not contained in this agreement is null and void and of no effect. If any provision of this agreement or the application thereof to any person or circumstances is held invalid or unenforceable in any jurisdiction, the remainder hereof and the application of such provision to such person or circumstances in any other jurisdiction shall not be affected thereby and to this end the provisions of this agreement shall be severable.

I acknowledge, understand, and agree to the terms and conditions disclosed herein including but not limited to the indemnification clause for any liabilities arising out of semaglutide therapy rendered by Urgent Care by Approxie and the physicians and/or advanced practice providers associated with Urgent Care by Approxie.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_|\_\_\_\_\_|\_\_\_\_\_